

PRAYER HOUR

By: Pastor Carolyn J. Blue

This **PRAYER HOUR** call is for Intercessors and anyone desiring to learn how to pray, strengthen their prayer life, or wanting more of God. There are far too many people needing a breakthrough, healing, deliverance and so much more that we can't afford to dance around prayer. Prayer is like the oxygen to our bodies. It works hand in hand with the Word to sustain, maintain, and enhance your life.

My goal is to get each of us to a point that we all can pray publicly and shift the atmosphere, bind the hand of the enemy, set those captive free, cast out demons, help people get delivered, pray for the sick and they recover. And so much more!

We are going to begin with a foundational scripture Matthew 6 and we are going to only look at verses 9-13. We will divide this lesson into two sections: (verses 9-11 and 12-13).

There are 6 prayer points that we will cover: "God's name", "God's kingdom", "God's will", "God's provision", "God's forgiveness" and "God's deliverance"

This PRAYER HOUR is interactive therefore, I want your feedback and take on this scripture. I will read it and expound on it, and each of you will make a comment about it, and then we will each pray for 2 minutes out loud.

I will give you an outline that I want you to follow for 2 minutes.

Then, for the next 7 days you will spend time praying for 2 minutes out loud in addition to your regular prayer time. I would like for you to set an alarm in your phone twice a day (your choice of time) and pray during that time for just 2 minutes.

Are there any questions or comments so far?

Let's dive into our PRAYER HOUR!!!

In the book of St. Matthew, chapter 6, beginning at verse 9, the Bible reads:

⁹ After this manner therefore pray ye: Our Father which art in heaven,
Hallowed be thy name.

¹⁰ Thy kingdom come, Thy will be done in earth, as it is in heaven.

¹¹ Give us this day our daily bread.

NLT

⁹ Pray like this: Our Father in heaven,
may your name be kept holy.

¹⁰ May your Kingdom come soon.
May your will be done on earth,
as it is in heaven.

¹¹ Give us today the food we need,^[a]

Common English

⁹ Pray like this: Our Father who is in heaven, uphold the holiness of your name.

¹⁰ Bring in your kingdom so that your will is done on earth as it's done in heaven.

¹¹ Give us the bread we need for today.

ERV

⁹ So this is how you should pray: 'Our Father in heaven, we pray that your name will always be kept holy.

¹⁰ We pray that your kingdom will come— that what you want will be done here on earth, the same as in heaven.

¹¹ Give us the food we need for today.

STEP 1 - “God’s Name”

The first step we should take in prayer is to relate to God. What is your relationship with God? If you are a born-again Christian, you are a child of God and He is your Heavenly Father. Have the confidence to call Him Father. When you pray, call God your father.

PRAYER POINT 1

When you pray, go to God as His child, and call God your Father and approach Him knowing He is your father.

STEP 2 - “God’s Kingdom”

To “hallow” means to honor as holy. This part of the Lord’s prayer is about worship.

PRAYER POINT 2

Worship God, revere and respect God. Tell God He is awesome, great, holy and mighty and so forth. Say it in your own words and you can also worship God with songs.

STEP 3 - “God’s Will”

This means we should pray the agenda of God for the earth/the world. For instance, we know that God does not desire that anyone should perish, but that all should come to the knowledge of Christ.

PRAYER POINT 3

Pray for God’s agenda; that His will should be done on earth.

- Pray for the lost to be saved, for salvation of souls in your community, family, and across the nations of the earth.
- Pray for the spread of the gospel to all nations.
- Pray for God to move people and orchestrate events for the gospel to be preached everywhere and people should surrender their lives to Jesus Christ.
- Pray for missionaries and ministers of the gospel.
- Pray for outreaches, crusades, missions.

STEP 4 - “God’s Provision”

In this part of the Lord’s prayer you ask God for the things you need and the things you desire. Remember that He is your Father. “Daily bread” suggests that there are things you need for your daily sustenance. They are material things, social needs, etc. Ask God to give it to you (**Read Matthew 7:7 – 11**).

PRAYER POINT 4

Ask God for the things you need and the things you desire.

STEP 5 - “God’s Forgiveness”

This tells us that we ought to forgive people who do us wrong.

Unforgiveness hinders answers to prayer. Unforgiveness prevents a person from being forgiven. Read Math 6: 14 – 15 and **Matthew 18:21 – 35**. Jesus was very clear that we have to forgive people who offend us.

Jesus said in Matthew 6 verses 14 – 15:

Whenever you are struggling to forgive anyone because you feel hurt about what they did, say **“I cleanse my heart of all hurt by the Blood of Jesus”**. Say it over and over till you release the hurt. Also think about your own sins, if God should withhold your sins and hold it over you, can you thrive with such a record? Is it really worth not receiving forgiveness from

God and answered prayers? Therefore forgive everyone who has wronged you and then move on with joy and trust God for better life experiences. You may forgive people in advance. By doing so, their wrongdoing has no power to hurt you.

PRAYER POINT 5

Forgive everyone who has wronged you in any way and then ask God to forgive you of your own sins.

STEP 6 - “God’s Deliverance”

You need God’s guidance, leading and protection. In this part of the Lord’s prayer you ask God to lead you in the right way, and lead you away from temptation and evil. Also ask God to deliver you from any evils, known and unknown. Also ask God to deliver you from all evil works of the wicked (See 2 Timothy 4:18).

There is power in the Name of Jesus, so command that evil works in your life and environment be destroyed in the Name of Jesus Christ. Anything in your life that appears to be out of place e.g. unemployment, turmoil, disfavor, disease, sickness, unrest and so forth, as a child of God you have the authority to use the Name of Jesus to command those things to be destroyed or terminated.

Do so as you pray every day. You will notice that it will make a huge difference in your life.

PRAYER POINT 6

- Ask God to lead you in the right way, and lead you away from temptation and evil.
- Ask God to deliver you from any evils, known and unknown.
- Ask God to deliver you from all evil works of the wicked (See 2 Timothy 4:18).
- Command that evil works in your life and environment be destroyed in the Name of Jesus Christ.

Anything in your life that appears to be out of place e.g. unemployment, turmoil, disfavor, disease, sickness, poverty, unrest and so forth, as a child of God you have the authority to use the Name of Jesus to command those things to be destroyed.

CLOSING

End your prayer by praising and extolling God. Tell God He has the power, glory, the ability, and that He is sovereign, He rules and reigns forever. Also trust God that He is in control (Daniel 4:17).

Solid Rock International Ministries, Inc. Prayer Guideline
Matthew 6: 9 - 13

	Scripture	How To Pray and What To Pray
1	Our Father which art in heaven (verse 9a)	When you pray, go to God as His child, and call God your Father and approach Him knowing He is your father.
2	Hallowed be thy name (verse 9b)	<ul style="list-style-type: none"> ● Worship God, reverence and respect God. Tell God He is awesome, great, holy and mighty and so forth. ● Say it in your own words and you can also worship God with songs.
3	Thy kingdom come, Thy will be done in earth, as it is in heaven. (verse 10)	<ul style="list-style-type: none"> ● Pray for God's agenda; that His will should be done on earth. ● Pray that the lost should be saved; for salvation of souls in your community, family, and across the nations of the earth. ● Pray for the spread of the gospel to all nations. ● Pray for God to move people and orchestrate events for the gospel to be preached everywhere and people should surrender their lives to Jesus Christ. ● Pray for missionaries and ministers of the gospel. Pray for outreaches, crusades, missions.
4	Give us this day our daily bread. (verse 11)	Ask God for the things you need and the things you desire.
5	And forgive us our debts,	Forgive everyone who has wronged you in

	as we forgive our debtors. (verse 12)	any way and then ask God to forgive you of your own sins.
6	And lead us not into temptation, but deliver us from evil: (verse 13a)	<ul style="list-style-type: none"> ● Ask God to lead you in the right way, and lead you away from temptation and evil. ● Ask God to deliver you from any evils, known and unknown. ● Ask God to deliver you from all evil works of the wicked (See 2 Timothy 4:18). ● Command that evil works in your life and environment be destroyed in the Name of Jesus Christ. ● Anything in your life that appears to be out of alignment e.g. unemployment, poverty, turmoil, disfavor, disease, sickness, unrest and so forth, as a child of God you have the authority to use the Name of Jesus to command those things to be destroyed or terminated. Do it!
7	For thine is the kingdom, and the power, and the glory, forever. Amen. (verse 13b)	<ul style="list-style-type: none"> ● Conclude your prayer by praising and extolling God. ● Tell God He has the power, glory, the ability, and that He is sovereign, He rules and reigns forever.

Credits:

- The Holy Spirit
- 2024 Charles Gwira - Author Speaker Prophet
- 2018 Love, Faith and Miracles